

THE GUARDIAN

THE OFFICIAL NEWSLETTER OF THE USS HELEN PAWLOWSKI NCC-8494
A CORRESPONDENCE CHAPTER OF STARFLEET INTERNATIONAL

VOL. 10

1 JANUARY 2014

ISSUE 2



Chapter Christmas Party

Left to right: Ashley Walker, Patricia Mogilka, Paul Dyl, Carol Dyl, Freddy Mogilka
Lower center: Paul Dyl and Brady Staples

Inside this issue:

USS Helen Pawlowski Staff Listings	3
Commanding Officer's Report	4
First Officer's Report	5
Calendar Events	6
Chapter Promotions	8
Chapter Awards	8
Department Reports	9
Paranormal Science Officer Report	14
Alien planet 11 times bigger than Jupiter found in bizarre, massive orbit	16
Crew Roster	18
Engineer's of Starfleet	21
STARFLEET IC 2014	24
Region1 2014 Summit	25
Chapter MSR's	26
Chapter Special Operations Recruitment	35
Chapter Marine Strike Group Recruitment	36
Star Trek Maze	37



Special points of interest:
* **Engineer's of Starfleet**

Awards:

R1 Best Bi-Monthly Newsletter 2012



THE GUARDIAN

Volume 10, Issue 2



Published by
TARDIS PUBLICATIONS

EDITOR

**PAUL DYL
ASHLEY WALKER**

STAFF

**PAUL DYL
CAROL DYL
JAMES NELSON
KATTIE STAPLES**

Submissions deadline for Issue 3:

25 February 2014

POSTMASTER:

Send address changes to:
USS HELEN PAWLOWSKI
209 E Smith St.
Whiteville, NC 28472

The USS HELEN PAWLOWSKI newsletter, THE GUARDIAN is a publication of the Communications Department of the USS HELEN PAWLOWSKI NCC-8494, a correspondence chapter of STARFLEET: The International Star Trek Fan Association, Inc. It is intended for the use of its members. The USS HELEN PAWLOWSKI and STARFLEET holds no claims to any trademarks copyrights, or properties held by CBS, Paramount; or their parent company Viacom.

The contents of this publication are copyrighted@ 2012 by the USS HELEN PAWLOWSKI : A Correspondence Chapter of STARFLEET: The International Star Trek Fan Association, Inc., and/or by the original authors. All artwork unless otherwise noted belongs to the original designer. All rights reserved. No portion of this publication may be copied or reproduced in any way or form without the written consent of the Office of the Chief of Communications, USS HELEN PAWLOWSKI .



USS HELEN PAWLOWSKI STAFF LISTINGS

Commanding Officer
[Rear Admiral Paul C. Dyl](#)
209 E Smith St
Whiteville, NC 28472

Executive Officer
[Commander Carol Dyl](#)
209 E Smith St
Whiteville, NC 28472

Second Officer
[Lieutenant James Nelson](#)
2108 N. Berkley Drive Apt J
Goldsboro, NC 27534

Third Officer
Vacant

Chief Operations Officer
Vacant

Chief Communications Officer
[Lieutenant JG Ashley Walker](#)
209 E Smith St
Whiteville, NC 28472

Chief Engineering Officer
[Lieutenant JG Gary Reynolds](#)
550 Corner Oaks Lane
Saint Pauls, NC 28958

Chief Security Officer
[Lieutenant James Nelson](#)
2108 N. Berkley Drive Apt J
Goldsboro, NC 27534

Chief Medical Officer
[Admiral David Miller, MD](#)

Chief Science Officer
[Lieutenant JG Kattie Staples](#)

Chief Support Services Officer
[Lieutenant JG Jessica Reynolds](#)
550 Corner Oaks Lane
Saint Pauls, NC 28958

Chief Diplomatic Officer
[Lieutenant JG Heather Fikes](#)

Chief Joint Special Operations Command Officer
BG Michael Timko III

OIC, 120th Marines Strike Group
[First Lieutenant Sam Phillips](#)

OIC, 119th M.A.C.O.
[MG Paul C. Dyl](#)
209 E Smith St
Whiteville, NC 28472

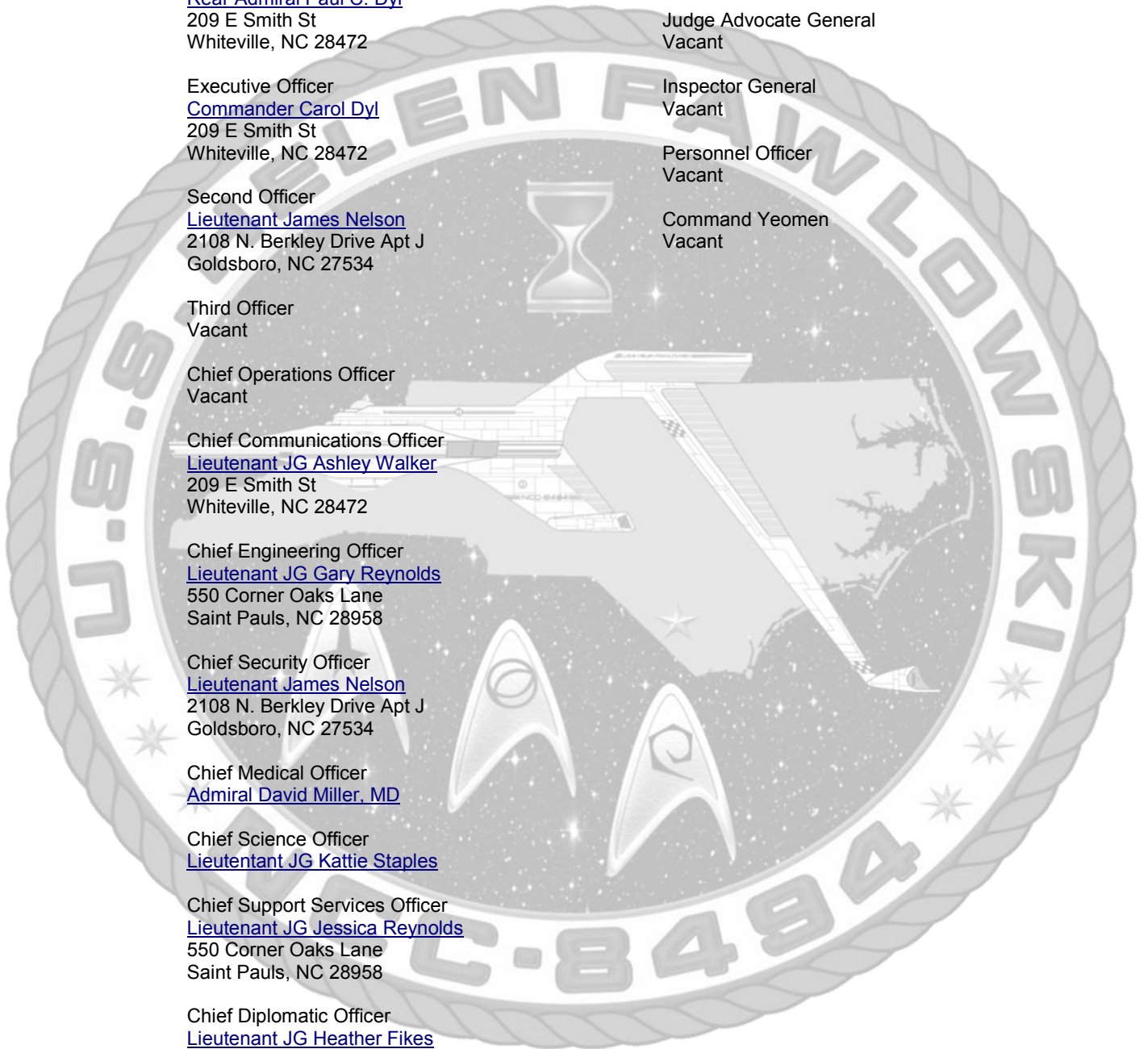
Command Support Staff

Judge Advocate General
Vacant

Inspector General
Vacant

Personnel Officer
Vacant

Command Yeomen
Vacant





Commander's Update By RADM Paul C. Dyl



Rear Admiral
Paul C. Dyl

Hello everyone!

Well now that everyone is recovered from the holidays, I have a few pounds I need to shed. For those who were able to attend the different activities in November and December will tell you that there were lots of food and it was fantastic. Heather Fikes made this Lemon Cake that was out of this world. I plan to ask her to put the recipe in her next article.

The First Officer will go into the details of the holiday events and charity work that many of you helped with. If it was not for your support, we could not have achieved what we did this year.

For those of you who are not local, but you did something back where you are, let us know about it. As a correspondence chapter are events and activities are not just isolated to where the CO lives. The activities that you do can also count towards what the chapter is doing. We will just roll it up with the other events.

New Members

I want to take this moment to recognize new additions to our crew. Please welcome the Timko and Leavitt families which includes BG Michael Timko III, 2LT Jeanne Timko,

2LT Michelle Timko, PVT Michael Timko IV, WO1 Michael Timko Sr, CRMN Donna Leavitt, MCPT Terri Leavitt, PVT Emily Leavitt-Timko, PVT Eric Brewer.

Department Chief Appointment

Also while I am at it, I want to announce the appointment of BG Michael Timko III as the new Joint Special Operations Chief. Michael has a



vast amount experience in the Starfleet Marines and at Starfleet Academy. My congratulations to you Michael and I look forward to seeing your accomplishments with the department.

Retention

At the time that I am writing this, the following memberships are either due or will be in the next 2 months:

Jan 2014

ADM David Miller
LT James Nelson (Family)

Feb 2014

ENS Christine Young (Family)

LT Jessica Reynolds (Family)
LTJG Heather Fikes (Family)
LTJG Cassie Phillips (Family)

Also when you do eventual renew your STARFLEET membership, you now have the option of an electronic membership or the regular membership that you have had in the past.

Projects:

Chapter Web Site

Well we will finally be on the web soon. BG Michael Timko is currently working on that right now. He has experience in this field and after my discussions with him, I am very anxiously anticipating the completion or at least a quick peek as he is working on it.

Chapter Handbook

I have been playing around with my copy of the Adobe Cloud subscription and I am learning new things every day. What I am working on right now is embedding a welcome video message to the Handbook. So on Page 3 at the end of the description of the USS Helen Pawlowski, There was a picture of me, well that will still be there but an arrow will be located on it and once clicked, it plays the welcome video. That to me is really cool. Also at the bottom of each page will be a 3 part LCARS button which the left button will take you back to the previous page, the center button will take you back to the Table of Contents (which by the way, each section is linked so you only have to click the section you want and it takes you straight there) and the right button takes you to the next page.

Well my time is up, so I hope to have more for you in two months.

Paul C Dyl
Commanding Officer

First Officer's Update

By CDR Carol A. Dyl



**Commander
Carol Dyl**

Hello everyone.

Well the holiday season has passed and I hope you all had a great Christmas and New Years. The following is what we did;

Thanksgiving Day

On the 28th of November members of the crew joined together to give thanks with a traditional Thanksgiving Day Meal. We had quite a few members show up. A matter of fact we had about 12 adults and 8 children. Everyone seemed to have a good time.

Christmas Party

On the 21st we gathered for our Christmas Party. Again it was a success. The kids all received a gift and the adults played the secret Santa. Thank you to Jessica and Gary Reynolds for doing the majority of the cooking. Jessica cooked a turkey breast and a spiral ham. Next years event may be canceled due to many of the local members who attend will be celebrating the holidays with family across state lines.

Angel Tree Project

This was fun to do. I wish we could have been there to see the children open the gifts, but the key was for them to have something to open for Christmas. We adopted two boys and two girls. Each child received a toy and a clothing outfit.

Toys for Tots

This project was headed up by Sam Phillips, our Marine OIC. Sam and Paul dropped off several gifts to include two bicycles that they themselves purchased and donated.

New Year's Party

This was a great night. We met at around 3 pm in the afternoon. The women of the chapter started off just sitting around and talking about crafts and sewing while the guys were watching Star Trek (TOS) and then about two hours later they went off to



Paul's room and started having the monthly gaming session of Modern Warfare. From the words I heard being said, they were not doing well that day.

Upcoming:

R1 Summit 2014

We have started making the concrete plans for the Region One Summit in May. Paul, Paul and I are already paid up and made our reservations. We would like more members to come along. I was not able to go last year due to an illness of my mother, but the boys went and they had a great time. So try if you can and let us know. We plan to have a convoy for those who are local to us,

but we hope to see as many of you there as possible.

R1 Annual Awards

The annual awards are currently being accepted. Paul has already scrubbed dates etc. for time service awards and has already submitted them with all already completed and sent back. If we missed someone, please let us know so we can check into it. Also if you are a Department Head and you want to recommend someone for one of the annual awards, please get your recommendation into to me so we can get it reviewed and forwarded before the R1 deadline of 31 January. We will need it No Later than the 23rd so we have time to make any need corrections etc.

STARFLEET IC 2014

This is just on the horizon and will take place in August. More information is on page 24. We have not started making any serious plans just yet. As we finish the R1 Summit, we will swing our attention to the IC.

Well I think that is enough for this issue. Until next time

CDR Carol Dyl
First Officer
USSPawlowskiXO@ec.rr.com



JANUARY 2014

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6 Aaron Eisenberg	7 Mark Allen Shepherd	8 Ethan Phillips Michelle Forbes	9	10 Xander Reynolds	11
12	13	14	15	16	17	18
19	20 DeForrest Kelley	21	22	23 Kayla Nelson	24	25
26	27 Susanna Thompson	28	29	30	31	



FEBRUARY 2014

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2 Brent Spiner	3	4	5	6 Joel Richards	7	8
9	10	11	12	13 Susan Oliver Emily Reynolds	14 Andrew Robinson	15 Rachel Richards
16 LeVar Burton	17	18	19	20	21 Martha Hackett	22 Jeri Ryan
23 Majel Barrett	24	25	26 Chase Masterson	27	28 Madonna Kraatz (Leap Yr)	

USS HELEN PAWLOWSKI Promotions Update

By RADM PAUL DYL



As the Commanding Officer promoting a deserving crewmember is one of the key duties I enjoy most. Again congratulations to you all.



Promotion to Petty Officer 2ns Class

Leonard Peffer Sr
Support Services
Alisha Peffer
Support Services

Remember that for Officer ranks, OTS is a prerequisite and depending on the rank being recommended for, OCC could also be a prerequisite.

A reminder that the next Promotions Board will be conducted on February 15th. The board members will be Carol Dyl, Gary Reynolds Kattie Staples, Sam Phillips, and Eddie Riddle.

Any promotions that were either denied or returned without action will be sent back to the Department Chief with an explanation as to why the promotion was denied.

If you have any questions pertaining to the chapter promotion system, please reference your Regulation 100.

Please review the Time in Grade requirement in Regulation 100. If you feel that you qualify for a promotion, see your Department Head. She/he will assist you in completing the chapter promotion worksheet and having submitted to the Operations Department



Promotion to Crewman Recruit

Jacob Phillips
Support Services



Promotion to Petty Officer 1st Class

Robert Dyl Sr
Engineering

Sandra Dyl
Medical

Lance Dyl
Communications

USS HELEN PAWLOWSKI Awards Program

By CDR Carol Dyl



It's a great pleasure to announce the following awards:

Legion of Merit 20+ yrs



David A. Miller
USS Helen Pawlowski

Dawn Riddle
USS Helen Pawlowski

James Nelson
USS Helen Pawlowski

Jessica Reynolds
USS Helen Pawlowski

Kattie Staples
USS Helen Pawlowski

Ashley Walker
USS Helen Pawlowski

The next Awards Board will be February 16. The board members will be Paul Dyl, Jessica Reynolds, Brian Dyl, Dawn Riddle and Douglas Kirk.

Board results of only approved awards will be published in the Sept issue of "THE GUARDIAN".

If you have any questions about the chapter awards program, please refer to your Department Head or the Chapter Membership Handbook to Regulation 200.

Meritorious Unit Commendation



USS Helen Pawlowski

Final Frontier



David A. Miller
USS Helen Pawlowski

Region One Commendation



Carol Dyl
USS Helen Pawlowski

SOL III



Kattie Staples
USS Helen Pawlowski

David A. Miller
USS Helen Pawlowski

"Let Me" Help Award



David A. Miller
USS Helen Pawlowski



Operations Officer's Update VACANT



The Chief Operations Officer is appointed by the Commanding Officer, USS HELEN PAWLOWSKI and fifth in command. The COO reports monthly to the Commander, USS HELEN PAWLOWSKI and is responsible for all chapter record, personnel records, chapter database and membership processing,

The Chief Operations Officer will be at least 20 years age and upon appointment to the position of COO, he/she will be temporarily promoted to the rank of Junior Ensign in which he/she will complete OTS with in four (4) months and then OCC in three (3) additional months.

The Operations Department aboard

the USS HELEN PAWLOWSKI is a



busy department and has the responsibility for the operational duties of the chapter.

The department starts off as the first contact for all new incoming members and we will assist them to get adjusted to the operation of the chapter and help them to choose a department.

The department also is responsible for the records keeping from chapter reports and day to day correspondence to personnel records, awards processing, promotions and much more.

For more information please contact the CO at pdyl@ec.rr.com

Engineering Officer's Update By LTJG Gary Reynolds



Happy Holidays to all...

I know it's past but I still wanted to get it said.

I am glad that everyone who attend the Christmas Party had a great time. But next year, someone else can do the cooking.

Not much to report in Engineering this time around. We have been too busy with helping with the planning and execution of the Thanksgiving

Day meal and the Christmas Party, New Years get together, not to mention the Toys for Tots drive and Angel Tree. Wow that was a lot in two months.

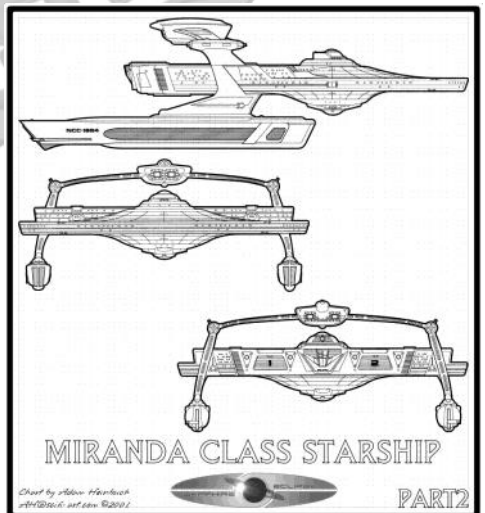
But don't worry, the Engineering Department is still collecting the ship technical schematics/blue prints for the Engineering Library. I have been talking with Paul and the database and we have had some good idea exchanges on how this needs to look like and work. As soon as Paul finishes with the R1 Newsletter database, he will be heading the Engineering Library database.

The Engineering Department still has vacancies for Officers and Enlisted. I do want to announce that CDR Eddie Riddle will be the Assistant Chief Engineering Officer effective 1 February. So that you to Eddie for stepping up to the plate. Eddie brings much experience in graphic art work and computer sciences.

Chapter blue prints are still available from Mike Marrow at a cost of \$30.00. Mike has it now to about 9 pages and they look great. For more information send me an email and I will get the info for you.

Well now it comes to the end of my report. I will hopefully have more information for you by the next newsletter.

LTJG Gary Reynolds
Chief Engineering Officer
USSPawlowskiEngineering@ec.rr.com



Medical Officer's Update

By ADM David Miller, MD



Exercise and Cold Weather

See the following great tips for staying safe and warm while exercising outdoors in cold weather from the Mayo Clinic (<http://www.mayoclinic.com/health/fitness/HQ01681>).

You don't have to let cold weather spell the end of your exercise. With these tips for exercising during cold weather, you can stay fit, motivated and warm when the weather turns chilly.

Stay safe during cold-weather exer-

cise

Almost everyone can exercise safely during cold weather. But if you have certain conditions, such as asthma, heart problems or Raynaud's disease, check with your doctor before you work out in cold weather.



Your doctor can review any special precautions you need based on your condition or medications you might

take. The following tips can also help you stay safe — and warm — while working out in the cold.

Dress in layers

One of the biggest mistakes you can make while exercising in cold weather is to dress too warmly. Exercise generates a considerable amount of heat — enough to make you feel like it's much warmer than it really is. Yet, once your sweat starts to dry, you can get chilled. The solution?

Dress in layers that you can remove as soon as you start to sweat and then put back on as needed. First, put on a thin layer of synthetic material, such as polypropylene, which draws sweat away from your body. Avoid cotton, which stays wet next to your skin. Next, add a layer of fleece or wool for insulation. Top this with a waterproof, breathable outer layer. A heavy down jacket or vest may cause you to overheat if you're exercising hard. If you're lean, you may need more insulation than someone who is heavier. If it's

Continued on Page 15

Security Officer's Update

By LT James Nelson



Whether winter brings severe storms, light dustings or just cold temperatures, the American Academy of Pediatrics (AAP) has some valuable tips on how to keep your children safe and warm.

Dress infants and children warmly for outdoor activities. Several thin layers will keep them dry and warm. Don't forget warm boots, gloves or mittens, and a hat.

The rule of thumb for older babies and young children is to dress them in one more layer of clothing than an



adult would wear in the same conditions.

Blankets, quilts, pillows, bumpers, sheepskins and other loose bedding

may contribute to Sudden Infant Death Syndrome (SIDS) and should be kept out of an infant's sleeping environment. Sleep clothing like one-piece sleepers or wearable blankets is preferred.

If a blanket must be used to keep a sleeping infant warm, it should be tucked in around the crib mattress, reaching only as far as your baby's chest, so the infant's face is less likely to become covered by bedding materials.

Hypothermia

Hypothermia develops when a child's temperature falls below normal due to exposure to colder temperatures. It often happens when a youngster is playing outdoors in extremely cold weather without wearing proper clothing or when clothes get wet. It can occur more quickly in children than in adults.

Continued on Page 17

Communications Officer's Update By LTJG Ashley Walker



Hello once again! But this time I am saying from home. Its great to have the break from school.

The last two weeks of school were very busy for me, as I had final exams and a Fencing Competition in Atlanta. I have only just begun competing so it has been a very interesting learning experience.

Here is the schedule and submission deadlines dates for the next few issues;

Issue 3

Publication-1 Mar 2014
Submission-24 Feb 2014

Issue 4

Publication-1May 2014
Submission-24 Apr 2014

Issue 5

Publication-1 Jul 2014
Submission-24 Jun 2014

I can never stop asking for newsletter submissions. If you have an article you want to write and it is either about

on the Women of Star Trek. This series has the potential to last awhile.

We are still waiting for the STAR-FLEET newsletter contest winners to be announced. Still no word from anybody.

The next Regional newsletter competition has begun and we selected the last issue 10-1 to represent us.

Well that is all I have for this issue!

Until the next issue,

LTJG Ashley Walker
Chief Communications Officer
USSPawlowskiComs@ec.rr.com



Star Trek or Sci-fi in general, please send them to me. I really want to add more articles from the members.

I was asked to do a series about women in Star Trek and I think this was a very good idea. So after the Engineers we will do the next series

Science Officer's Update By LTJG Kattie Staples



Well last month the Department was able to get the "Science Lab" newsletter published. Everyone was sent a copy and we received great feed back. I thank you all for the encouragement and great reviews. Our next publication will be around 5 th of February. So with that being said, if you have an article that is related to science please have it to me no latter than the 31st of January.

Everyone in the Science Department who could attend the Christmas Party and New Years get together had a great time. Thank you to Gary and Jessica for doing so much of the cooking, and to Carol and Paul Dyl for paying for most of the food.

The Science Department still has many positions open. If you are interested, please take a look at the Science Department section in the handbook and feel free to give me a call or email.

Well that is all I have for this issue.

LTJG Kattie Staples
Chief Science Officer
USSPawlowskiScience@ec.rr.com



Left: Ashley Walker, Patricia Mogilka, Kattie Staples and Carol Dyl

Support Services Officer's Update

By LTJG Jessica Reynolds



Hello everyone! Happy New Year to everyone.

distributed to the members who ordered them.

That's all I have for this report. See you next time.

December was one busy month. With the Toys for Tots and Angel Tree and then our Christmas Party and New Years get together. Then we also had our own individual family activities...Now I can sleep in for a few days...not!

I am glad everyone enjoyed the Christmas Party. Gary and I did most of the cooking and everyone seemed to enjoy it. There was nothing left of the turkey and the ham was just about gone.

The secret Santa was great for the adults, but the children surely did not or at least a few who really did not get the concept.

We had 10 T-shirt orders and all have come in and have already been

I plan to do another T-shirt order on 1 March so if you are planning on going to the R1 Summit and you want chapter shirt, then you will be able to order and get it back to you in time. Again I just need your shirt size, Which shirt you want and department.



LTJG Jessica Reynolds
Chief Support Services Officer
USSPawlowskiSupportSvc@ec.rr.com



Jessica and Gary Reynolds prepare food for the chapter Christmas party

Diplomatic Officer's Update

By LTJG Heather Fikes



2014! Where has the time gone?

The main holiday seasons have passed and we can all take a breather for a few months.

I hope everyone had a Merry Christmas and may this year be a better one than last year.

For those who could make it, the Christmas Party and New Years get together was a fun and everyone seemed to enjoying the time for friends and family to come together.

We have had 2 members who may have qualified already for the Diplomatic Badge of Office. They have been very active in the past and taken many of the courses at Starfleet Academy and the Starfleet Marine Corps Academy. So far Admiral David Miller has completed 15 courses on Alien races.

Brigadier General Michael Timko who has just recently joined our chapter has completed 106 courses on



If anyone else is currently taking any courses that deal with Alien races, please let me know so I can give you the credit from the Diplomatic Corps Department.

Well time to sign off until our next issue in March.

Best wishes to all.....

LTJG Heather Fikes
Chief Diplomatic Officer
USSPawlowskiDiplomatic@ec.rr.com

Alien races and just to mention that our own Commanding Officer, Rear Admiral Paul Dyl has completed 8 courses on Alien races and is in the process of working on 15 others.

Joint Special Operations Officer's Update BG Michael J. Timko III



A report from BG Timko will be in the next newsletter as he has just been appointed during the past week. But I would like to remind everyone what this department is about.

Joint Special Operations is the chapter Department that oversees all ground forces assigned to the USS Helen Pawlowski.

The Department has a Headquarters section that assists with this duty.

Each of the assigned ground forces has an OIC that oversees that particular unit. Each OIC submits their required reporting format to that unit reporting headquarters, but each OIC is required to submit a copy to the Joint Special Operations Chief for informational purposes.

The Chief will review all requests

for promotions and awards and is in the chain of command for review and



approval recommendations. All projects and missions must be approved by the Department Chief.

Any issues that affect the morale and mission accomplishment must

be brought to the Department Chief attention before being elevated to any higher echelon in the chain of command. The Department Chief has the knowledge and experience to try to work out any conflicts that may exist.

The Department Chief is the mentor for both the MACO and Marine OIC.

For more information please refer to the chapter Membership Handbook.



Marine Officer's Update By 1LT Sam Phillips



Greetings Shipmates and Marines!

December was a fantastic month. This is the first year that the 120th MSG took the lead in the chapter's Toys for Tots project. We had several members donate gifts and even some non-members helped pitch in. Thanks to them, because this allow the CO and myself to use funds we were going to donate to the cause and instead we purchased two bikes. A girl and boys. Now that I know what to expect and how things work, I plan to set a higher goal for next year but also to get started earlier.

I am still trying to find someone who can make our unit patch for us. Once we do, they can be worn on our Class C uniforms. As I receive more information, I will let you know.

Our chapter Marine challenge is continuing. I noticed a slow down and after

talking to my Marines, there is an issue with getting the SFMCA completion certificates. I have reported this issue in my bi-monthly reports and



have had a discussion with BG Timko. I hope we can get this resolved soon.

We have the Region One Summit in four months. I am trying to make the event if all possible. If any of the Marines would like to go or are planning to go, please let me know. I would like to have as many of the Marines that I can for the Brigade Muster on Saturday.

It's getting cold out side, so be safe and I will see you in two months.

1LT Sam Phillips
120th MSG OIC
USSPawlowskiMarine@ec.rr.com



119th M.A.C.O. Officer's Update

By MG Paul C. Dyl ★★

Well the MACO unit is well on it's way. Our strength is currently at 21. But this also includes crossovers from other departments who are having a duel role.

We have a new Department Chief who oversees all the ground forces. The new Joint Special Operations Chief is BG Michael Timko III. He has a vast amount of knowledge and experience in the Starfleet Marine Corps and was an Instructor for awhile in Starfleet Academy. BG Timko has over 300 Academy courses completed and comes to us as a fully qualified Marine. I look forward with working with him and making the MACOs and Marines the best in the Fleet.

Currently we are working on our uniform design. There are a couple of proposals and some of the other MACO units are already going with an all terrain tiger stripe field uniform. The design is pretty much like the military's ACU.

As for a more trek style uniform they are still working that out. If I

could get the material, I would not mind trying to make a "Enterprise" style jumper but instead of the blue, it would be in a camo pattern. I know, your saying they had a camo pattern uniform, which you would be correct, but trying to reproduce that is nearly impossible it seems. But we will see.



Now working with BG Barry Jackson, who oversees the MACOs, we have made the MACO patch for the chapter and then the unit patch. They pictured to the left. Barry emailed a few days ago telling me my order was on its way. I am hoping to get them by the end of January.

I paid for these in advance as I had to order so many. If your interested in a patch, please let me know. They will cost \$6.00 ea.

Well that is all for now.

MG Paul Dyl
119th MACO, OIC



Paranormal Sciences Officer

By CDR Carol Dyl ●●●

Hello Everyone...

I hope everyone had a wonderful Christmas!

I am so excited that the 10th season of Ghost Hunters will be premiering on January 22 at 9:00 PM on the SYFY channel. Without Grant the show has definitely changed and I feel that the shows are numbered. So if you have never seen it try to watch it or you may never get another opportunity. I would love to hear from our crew members as to which episode is their favorite. Mine has to be the St Augustine light house. There are two shows done there and both were good but I feel the first one was the best. The audio evi-

dence combined with the DVR footage was awesome... Another great location was the Waverly Sanatorium. They have gone there many times and each times has not been a disappointment. They have caught EVP's, Thermal Images and DVR footage that is spectacular.

This past month I watched the four episodes of Haunted Highway and they saved the best for last. This is a show with Jack Osborne... Yep! Ozzie's son! He and his friends go out and investigate haunted locations without a film crew. I was disappointed that there was only four episodes and wish there was more. Hopefully it will get picked up for another longer

season. I hope it does not go to the TV show graveyard like so many other shows such as Destination Truth. Come on Josh Gates brings us something new. You made the paranormal fun!!!

I am still looking for some good paranormal stories... If you have one please send it to me.

HAPPY NEW YEAR to the crew and families of the USS Helen Pawlowski!

CDR Carol Dyl
USSPawlowskiXO@ec.rr.com

Chief Medical Officer's Report Cont.

Continued From Page 10

very cold, consider wearing a face mask or scarf to warm the air before it enters your lungs.

You may need to experiment before you find a combination of clothing that works well for you based on your exercise intensity. Keep in mind, too, that stop-and-go activities, such as mixing walking with running, can make you more vulnerable to the cold if you repeatedly work up a sweat and then get chilly.

Protect your hands, feet and ears

When it's cold, blood flow is concentrated on your body's core, leaving your hands and feet vulnerable to frostbite. Try wearing a thin pair of gloves under a pair of heavier gloves or mittens lined with wool or fleece. Don the mittens or gloves before your hands become cold and then remove them if your hands begin to sweat.

Considering buying exercise shoes a half-size or one size larger than usual to allow for thick thermal socks or an extra pair of regular socks. And don't forget a hat or headband to protect your ears, which also are vulnerable to frostbite.

Pay attention to weather conditions and wind chill

Exercising when it's cold and raining can make you more vulnerable to the cold. If you get soaked, you may not be able to keep your core body temperature high enough, and layering won't help if your clothes are wet. If it's extremely cold, you may need to take your exercise indoors or skip it for a day or two.

Wind chill extremes can make exercising outdoors unsafe even if you dress warmly. The wind can penetrate your clothes and remove the insulating layer of warm air that surrounds your body, and any exposed skin is vulnerable to frostbite.

If the temperature dips well below 0 F (-17.8 C) or the wind chill is ex-

treme, consider taking a break or choosing an indoor activity instead, or take extra precautions if you choose to exercise outdoors anyway.

Choose appropriate gear

If it's dark when you exercise outside, wear reflective clothing. To stay steady on your feet, choose footwear with enough traction to prevent falls, especially if it's icy or snowy. Wear a helmet while skiing, snowboarding and snowmobiling. Consider using chemical heat packs to warm up your hands or feet.

Remember sunscreen

It's as easy to get sunburned in winter as in summer — even more so if you're exercising in the snow or at high altitudes. Wear a sunscreen that blocks both UVA and UVB rays and has an SPF of at least 30. Use a lip balm that contains sunscreen. And protect your eyes from snow and ice glare with dark glasses or goggles.

Head into the wind

If possible, do the second half of your workout with the wind at your back. This way, you're less likely to get chilled, especially if you've worked up a sweat. This may take some planning of your exercise route before you head out the door.

Drink plenty of fluids

You need to stay well hydrated when exercising in cold weather just as you do when exercising in warm weather. Drink water or sports drinks before, during and after your workout, even if you're not really thirsty. You can become just as dehydrated in the cold as in the heat from sweating, breathing and increased urine production, but it may be harder to notice during cold weather.

Know the signs of frostbite and hypothermia

Frostbite is most common on exposed skin, such as your cheeks,

nose and ears, but it also can occur on hands and feet. Early warning signs include numbness, loss of feeling or a stinging sensation. If you suspect frostbite, get out of the cold immediately and slowly warm the affected area — but don't rub it since that can damage your skin. If numbness continues, seek emergency care.

Exercising in cold, rainy weather increases the risk of hypothermia, as does being an older adult. Hypothermia signs and symptoms include intense shivering, slurred speech, loss of coordination and fatigue. Seek emergency help right away for possible hypothermia.

Putting it all together for cold-weather safety

These tips can help you safely — and enjoyably — exercise when the weather turns chilly. But as you exercise during cold weather, continually monitor how your body feels to help prevent cold-weather injuries, such as frostbite. Consider shortening your outdoor workout or skipping it altogether during weather extremes, and know when to head home and warm up. Also, be sure to let someone know your exercise route and your expected return time, in case something does go wrong.



Alien planet 11 times bigger than Jupiter found in bizarre, massive orbit By www.space.com

An enormous alien planet — one that is 11 times more massive than Jupiter — was discovered in the most distant orbit yet found around a single parent star.

The newfound exoplanet, dubbed HD 106906 b, dwarfs any planetary body in the solar system, and circles its star at a distance that is 650 times the average distance between the Earth and the sun. The existence of such a massive and distantly orbiting planet raises new questions about how these bizarre worlds are formed, the researchers said.

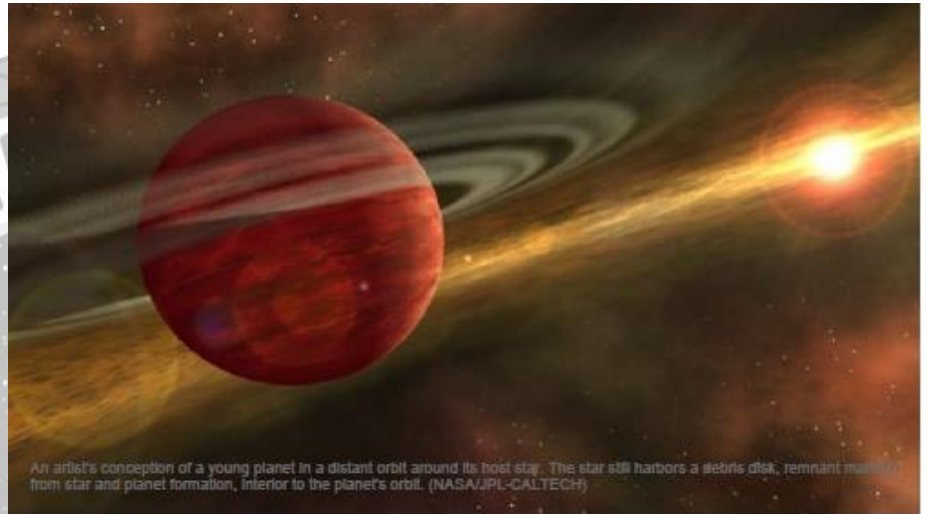
"This system is especially fascinating because no model of either planet or star formation fully explains what we see," study lead researcher Vanessa Bailey, a fifth-year graduate student in the University of Arizona's department of astronomy, said in a statement.

In the most commonly accepted theories of planet formation, it is thought that planets that orbit close to their parent star, such as Earth, began as small, asteroid-type bodies that clumped together in the primordial disk of gas and dust around the burgeoning star.

Yet, this process operates too slowly to explain how giant planets form far away from their star, the researcher said.

Alternative hypotheses have suggested that distant giant planets may form in ways similar to mini binary star systems, Bailey said.

"A binary star system can be formed when two adjacent clumps of gas collapse more or less independently to form stars, and these stars are close enough to each other to exert a mutual gravitation attraction and bind them together in an orbit," she explained.



In the HD 106906 system, the star and planet may have collapsed independently, but the materials that clumped together to form the planet were insufficient for it to grow large enough to ignite into a new star, Bailey said.

But, there are still problems with this scenario. For one, difference between the masses of two stars in a binary system is typically no more than a ratio of 10 to 1.

"In our case, the mass ratio is more than 100-to-1," Bailey said.

"This extreme mass ratio is not predicted from binary star formation theories — just like planet formation theory predicts that we cannot form planets so far from the host star." Researchers are also keen to study the new planet, because leftover material from when the planet and star formed can still be detected.

"Systems like this one, where we have additional information about the environment in which the planet resides, have the potential to help us disentangle the various formation models," Bailey said.

"Future observations of the planet's orbital motion and the primary star's

debris disk may help answer that question."

"The planet HD 106906 b is only 13 million years old, and is still glowing from the residual heat from its formation," the researchers said. By comparison, Earth formed 4.5 billion years ago, which makes it roughly 350 times older than the newfound exoplanet.

The planet was found using a thermal infrared camera mounted on the Magellan telescope in the Atacama Desert in Chile. The researchers used data from the Hubble Space Telescope to confirm their discovery. The study, which has been accepted for publication in a future issue of *The Astrophysical Journal Letters*, could lead to a better understanding of distantly orbiting exoplanets.

"Every new directly detected planet pushes our understanding of how and where planets can form," study co-investigator Tiffany Meshkat, a graduate student at Leiden Observatory in the Netherlands, said in a statement.

"Discoveries like HD 106906 b provide us with a deeper understanding of the diversity of other planetary systems."

Security Officer Update Cont.

Continued From Page 10

As hypothermia sets in, the child may shiver and become lethargic and clumsy. Speech may become slurred and body temperature will decline in more severe cases.

If you suspect your child is hypothermic, call 911 at once. Until help arrives, take the child indoors, remove any wet clothing, and wrap him in blankets or warm clothes.

Frostbite

Frostbite happens when the skin and outer tissues become frozen. This condition tends to happen on extremities like the fingers, toes, ears and nose. They may become pale, gray and blistered. At the same time, the child may complain that his/her skin burns or has become numb. If frostbite occurs, bring the child indoors and place the frostbitten parts of her body in warm (not hot) water. 104° Fahrenheit (about the temperature of most hot tubs) is recommended. Warm washcloths may be applied to frostbitten nose, ears and lips.

Do not rub the frozen areas. After a few minutes, dry and cover the child with clothing or blankets. Give him/her something warm to drink. If the numbness continues for more than a few minutes, call your doctor.

Winter Health

If your child suffers from winter nosebleeds, try using a cold air humidifier in the child's room at night. Saline nose drops or petrolatum may help keep nasal tissues moist. If bleeding is severe or recurrent, consult your pediatrician.

Many pediatricians feel that bathing two or three times a week is enough for an infant's first year. More frequent baths may dry out the skin, especially during the winter.

Cold weather does not cause colds or flu. But the viruses that cause

colds and flu tend to be more common in the winter, when children are in school and are in closer contact with each other. Frequent hand washing and teaching your child to sneeze or cough into the bend of her elbow may help reduce the spread of colds and flu.

Children 6 months of age and up should get the influenza vaccine to reduce their risk of catching the flu.

Winter Sports and Activities

Set reasonable time limits on outdoor play to prevent hypothermia and frostbite. Have children come inside periodically to warm up.

Using alcohol or drugs before any winter activity, like snowmobiling or skiing, is dangerous and should not be permitted in any situation.

Ice Skating

Allow children to skate only on approved surfaces. Check for signs posted by local police or recreation departments, or call your local police department to find out which areas have been approved.

Advise your child to:

- Skate in the same direction as the crowd
- Avoid darting across the ice
- Never skate alone
- Not chew gum or eat candy while skating.
- Consider having your child wear a helmet, knee and elbow pads while skating

Sledding

- Keep sleds away from motor vehicles.
- Children should be supervised while sledding.
- Keep young children separated from older children.
- Sledding feet first or sitting up, instead of lying down head-first, may prevent head injuries.

- Consider having your child wear a helmet while sledding.
- Use steerable sleds, not snow disks or inner tubes.
- Sleds should be structurally sound and free of sharp edges and splinters, and the steering mechanism should be well lubricated.
- Sled slopes should be free of obstructions like trees or fences, be covered in snow not ice, not be too steep (slope of less than 30°), and end with a flat runoff.
- Avoid sledding in crowded areas.

Snow Skiing and Snowboarding

Children should be taught to ski or snowboard by a qualified instructor in a program designed for children.

- Never ski or snowboard alone.
- Young children should always be supervised by an adult. Older children's need for adult supervision depends on their maturity and skill. If older children are not with an adult, they should always at least be accompanied by a friend.
- All skiers and snowboarders should wear helmets. Ski facilities should require helmet use, but if they do not, parents should enforce the requirement for their children.
- Equipment should fit the child. Skiers should wear safety bindings that are adjusted at least every year.
- Snowboarders should wear gloves with built-in wrist guards. Eye protection or goggles should also be used.
- Slopes should fit the ability and experience of the skier or snowboarder.
- Avoid crowded slopes.
- Avoid skiing in areas with trees and other obstacles.

Snowmobiling

The AAP recommends that children under age 16 not operate snowmobiles and that children under age 6

Continued on Page 23



USS HELEN PAWLOWSKI NCC-8494 CREW ROSTER

<u>NAME</u>	<u>RANK</u>	<u>SSC #</u>	<u>DEPARTMENT</u>	<u>POSITION</u>
BREWER, ERIC	PVT	68872	JOINT SPECIAL OPS	MARINE-LT WEAPONS-RIFLEMAN
DYL, ANGELA	PO2	55185	MEDICAL	NURSE
DYL, BOBBY	PO2	55186	SECURITY	SECURITY TECH
DYL, BRIAN A.	PO2	55184	SCIENCE	OCEANOGRAPHER
DYL, CAROL A.	CDR	67308	COMMAND	FIRST OFFICER
DYL, DANIEL	PO3	55174	SECURITY	SECURITY TECH
DYL, ELLEN	PO2	55181	SUPPORT SERVICES	MISCELLANEOUS SERVICES TECH
DYL, ERIC	PO2	55178	SECURITY	SECURITY TECH
DYL, HANNAH	CCR	69309	SUPPORT SERVICES	MISCELLANEOUS SERVICES TECH
DYL, KALOB	PO3	55175	MEDICAL	MEDICAL TECH
DYL, KYLE	CRA	56684	MEDICAL	MEDICAL TECH
DYL, LANCE	PO2	55176	SCIENCE	COMPUTER SCIENCES
DYL, MATTHEW	PO2	55179	MEDICAL	XENOMEDICINE TECH
DYL, MOLLY	CRA	55176	MEDICAL	MEDICAL TECH
DYL, PATRICK	PO2	55177	SUPPORT SERVICES	COMMISSARY TECH
DYL, PATTY	PO3	56527	SUPPORT SERVICES	COMMISSARY TECH
DYL, PAUL C.	RADM	22241	COMMAND	COMMANDING OFFICER
DYL, PAUL G.	CPL	67307	JOINT SPECIAL OPS	MARINE-HVY WEAPONS-RIFLEMAN
DYL, REBECCA	PO2	55173	MEDICAL	MEDICAL TECH
DYL, ROBERT JR	PO2	55170	ENGINEERING	SHIP FITTING
DYL, ROBERT SR	PO2	55182	SCIENCE	COMPUTER SCIENCE TECH
DYL, SANDRA L.	PO2	55183	MEDICAL	NURSE
DYL, TIMMOTHY	PO2	55180	SUPPORT SERVICES	MISCELLANEOUS SERVICES TECH
DYL, VICKIE	PO2	55171	MEDICAL	NURSE
DYL, ZACKERY	CRR	68205	SUPPORT SERVICES	MISCELLANEOUS SERVICES TECH
FIKES, ELIZABETH	CRR	67809	MEDICAL	MEDICAL TECH
FIKES, HEATHER M.	ENS	23493	DIPLOMATIC CORPS	CHIEF DIPLOMATIC CORPS OFFICER
KIRK, DOUGLAS	1LT	69835	JOINT SPECIAL OPS	MARINE STRIKE GROUP XO
KRAATZ, JAMES	ENS	51764	SCIENCE	SCIENCE TECH
KRAATZ, JEFFERY	ENS	51765	SECURITY	SECURITY TECH
KRAATZ, LAURA	ENS	51766	MEDICAL	MEDICAL TECH
KRAATZ, LLOYD	ENS	51763	ENGINEERING	ENGINEERING TECH
KRAATZ, MADONNA	CMDR	51762	COMMAND	FINANCE OFFICER

<u>NAME</u>	<u>RANK</u>	<u>SSC #</u>	<u>DEPARTMENT</u>	<u>POSITION</u>
KRAATZ, MEGAN	ENS	51767	SCIENCE	SCIENCE TECH
KRAATZ, TANYA	ENS	65919	MEDICAL	MEDICAL TECH
LEAVITT, DONNA	CRM	64916	JOINT SPECIAL OPS	MARINE-MEDIC
LEAVITT, TERRI	CPT	64915	JOINT SPECIAL OPS	MARINE-LT WEAPONS-RIFLEMAN
LEAVITT-TIMKO, EMILY	PVT	62274	JOINT SPECIAL OPS	MARINE-LT WEAPONS-RIFLEMAN
LLOYD, JESSICA	ENS	69654	MEDICAL	DOCTOR
LLOYD, MARY	PO3	71149	SUPPORT SERVICES	FOOD SERVICES TECH
LLOYD, SARA	PO3	71151	SUPPORT SERVICES	FOOD SERVICES TECH
LLOYD, THOMAS SR	PO3	71148	SUPPORT SERVICES	QUARTERMASTER TECH
LLOYD, THOMAS JR	CRM	71150	SECURITY	ARMORY TECH
MCCARTHY, MICHAEL	LCPL	55172	JOINT SPECIAL OPS	MARINE-MEDIC
MILLER, DAVID A.	ADM	12730	MEDICAL	CHIEF MEDICAL OFFICER
MOGILKA, CARL	PO3	71050	ENGINEERING	POWER SYSTEMS TECH
MOGILKA, FREDDY JR	PFC	69872	JOINT SPECIAL OPS	MARINE-LIGHT WEAPONS-RIFLEMAN
MOGILKA, FREDDY	PO3	69870	SUPPORT SERVICES	QUARTERMASTER TECH
MOGILKA, JESSICA	PO3	71054	MEDICAL	NURSING TECH
MOGILKA, JOHN	PO3	71053	SCIENCE	HISTORIAN TECH
MOGILKA, KYLE	CRM	71051	JOINT SPECIAL OPS	119th MACO-SCOUT
MOGILKA, PATRICIA	PO3	69874	SUPPORT SERVICES	MISCELLANEOUS SUPPORT TECH
MOGILKA, PAUL	PO3	71052	JOINT SPECIAL OPS	119th MACO-SCOUT
MOGILKA, ROSALIE	PO3	69871	SUPPORT SERVICES	MISCELLANEOUS SUPPORT TECH
MOGILKA, ROSE	PO3	71055	SUPPORT SERVICES	FOOD SERVICES TECH
NELSON, BRANDIE	PO3	67694	MEDICAL	MEDICAL TECH
NELSON, HEATHER	PO3	67695	MEDICAL	MEDICAL TECH
NELSON, JAMES E.	LTJG	67692	SECURITY	CHIEF SECURITY OFFICER
NELSON, KAYLA	CRMN	67696	MEDICAL	MEDICAL TECH
NELSON, MELONY	ENS	67693	MEDICAL	SURGICAL NURSE
NELSON, PEARSON	CRR	67697	SECURITY	SECURITY TECH
PAWLOWSKI, IAN	ENS	51761	SCIENCE	SCIENCE TECH
PAWLOWSKI, LESLIE	ENS	60584	MEDICAL	MEDICAL TECH
PAWLOWSKI, TERANCE	ENS	51760	SCIENCE	SCIENCE TECH
PAWLOWSKI, TIMOTHY	ENS	46295	SCIENCE	SCIENCE TECH
PEFFER, ALISHA H.	PO2	71072	SUPPORT SERVICES	QUARTERMASTER TECH
PEFFER, LEONARD SR.	PO2	71070	SUPPORT SERVICES	QUARTERMASTER TECH
PEFFER, LEONARD JR.	PO3	71071	SUPPORT SERVICES	QUARTERMASTER TECH
PHILLIPS, CASSANDRA E.	ENS	23492	SUPPORT SERVICES	MISCELLANEOUS SERVICES TECH

<u>NAME</u>	<u>RANK</u>	<u>SSC #</u>	<u>DEPARTMENT</u>	<u>POSITION</u>
PHILLIPS CHRISTOPHER	CRR	69540	MEDICAL	MEDICAL TECH
PHILLIPS, JACOB A.	CRR	PEND	MEDICAL	MEDICAL TECH
PHILLIPS, SAM	1LT	67808	JOINT SPECIAL OPS	MARINE STRIKE GROUP OIC
PHILLIPS, STEPHONIE	CRR	68198	MEDICAL	MEDICAL TECH
REYNOLDS, EDDIE	CRR	67763	SECURITY	SECURITY TECH
REYNOLDS, EMILY	CRR	67760	MEDICAL	MEDICAL TECH
REYNOLDS, GARY	LTJG	67762	ENGINEERING	CHIEF ENGINEERING OFFICER
REYNOLDS, JESSICA D.	LTJG	23494	SUPPORT SERVICES	CHIEF SUPPORT SERVICES OFFICER
REYNOLDS, REBECCA	PO3	70078	SUPPORT SERVICES	MISCELLANEOUS SUPPORT TECH
REYNOLDS, XANDER	CRR	67761	SECURITY	SECURITY TECH
RICHARDS, AMY	PO3	55168	MEDICAL	MEDICAL TECH
RICHARDS, BETHANY	PO3	55167	MEDICAL	MEDICAL TECH
RICHARDS, DAVID	LCPL	55169	JOINT SPECIAL OPS	MARINES-LIGHT WEAPONS-RIFLEMAN
RICHARDS, JOEL	PO2	55166	SUPPORT SERVICES	MISCELLANEOUS SERVICES TECH
RICHARDS, RACHEL L.	PO1	55165	SUPPORT SERVICES	COMMISSARY TECH
RIDDLE, DAWN M.	CDR	23491	MEDICAL	NURSE
RIDDLE, EDDIE	CDR	30843	ENGINEERING	COMPUTER SYSTEMS OFFICER
STAPLES, BRADY	CRR	69965	SECURITY	SECURITY TECH
STAPLES, CARLTON	PO3	69964	SECURITY	SECURITY TECH
STAPLES, KATTIE	LTJG	69963	SCIENCE	CHIEF SCIENCE OFFICER
TIMKO, JEANNE	2LT	62272	JOINT SPECIAL OPS	MARINE-LT WEAPONS-RIFLEMAN
TIMKO, MICHAEL J III	BRGD	60195	JOINT SPECIAL OPS	CHIEF JOINT SPECIAL OPS
TIMKO, MICHAEL J. IV	PVT	67219	JOINT SPECIAL OPS	MARINE-LT WEAPONS-RIFLEMAN
TIMKO, MICHAEL SR	WO1	67210	JOINT SPECIAL OPS	MARINE-PLATOON LEADER
TIMKO, MICHELLE	2LT	62273	JOINT SPECIAL OPS	MARINE-PLATOON LEADER
WALKER, ASHLEY R.	LTJG	67309	COMMUNICATIONS	CHIEF COMMUNICATIONS OFFICER
YOUNG, CERIA	CRR	67800	MEDICAL	MEDICAL TECH
YOUNG, CHRISTINE R.	ENS	23495	MEDICAL	MEDICAL TECH
YOUNG, NATALIE	CRR	67802	MEDICAL	MEDICAL TECH
YOUNG, WILLIAM	PO3	67801	SECURITY	SECURITY TECH

TOTAL MEMBERS ASSIGNED 99

The Engineer's of Starfleet: LT B'Elanna Torres

By StarTrek.com

FEDERATION BIOGRAPHICAL DATABASE: Torres, B'Elanna

Status: Returned to Alpha Quadrant in 2378 as Chief Engineer of U.S.S. Voyager; previous status as Maquis commando and felon under review

Full Name: Torres, B'Elanna

Species: Half-Klingon, Half-Human

Parents: Father, John Torres (Human); mother, Miral (Klingon)

Education: Starfleet Academy, incomplete second year

Marital status: Married to Tom Paris (per datastream transmission of Stardate 54089)

Children: One daughter, Miral, born 2378

****Includes updates through SD 55000 (2378); updated addenda pending Biography Sketch: Report of Starfleet Security**

After a brilliant but troubled two years heading toward an engineering specialty at Starfleet Academy, subject Torres seemed to be constantly at odds with the Klingon heritage of her maternal side and after several disruptive episodes agreed to leave school. Having grown up on Kessik IV, where she and her mother were the only Klingon residents, her human father left when she was a child, and she has always blamed her Klingon heritage for driving him away.

She later joined the Maquis rebellion in its early stages and by mid-2370 was acting as engineer for former Starfleet officer Chakotay's crew, her position at last report and the crew to which Lt. Tuvok of the U.S.S. Voyager under Captain Kathryn Janeway had infiltrated undercover. Her ship was last heard from a week before the Voyager went looking for it in the DMZ Badlands; both vessels are



Roxann Dawson
as Lt. B'Elanna Torres

missing and presumed lost, last detected SD 48307.5.

When she turns to recreation as an outlet, she has been known to play both hoverball and Parrises Squares.

File Update: Delta Quadrant Addendum

Report by Capt. Kathryn Janeway, U.S.S. Voyager

I have never regretted my decision to assign Torres the brevet rank of lieutenant or make her my chief engineer. She is tough, knowledgeable and independent, and sometimes seems an echo of myself at her age in her department, but her mixed heritage has manifested itself in a state of confusion and denial that I hope is not personally insurmountable. Now that B'Elanna is unable to release her frustrations through fighting the Cardassians, she must learn to accept herself and her conflicting heritage. I recall how far she has come since her diatribe against my order to destroy the Caretaker's Array when we first arrived, and her reaction to Tuvok's grumbling "boot camp" Maquis bears out my faith in her.

Episodes such as the Vidians' kidnapping of her to test Klingon tissue for its Phage-resistance does not hurt, although I was gratified to see she allowed such a sample taken a

year later to aid Dr. Danara Pel, who later in turn helped our crew when Chakotay and I were fatally infected and left behind. It hurt me to put her on report following the Sikaris insubordination.

Torres was also driven by guilt to stop "Dreadnought," the code name of a Cardassian doomsday missile she reprogrammed as a Maquis in mid-2370 to hit its makers' fuel depot at Aschelon V and swept up by the Array to into the Delta Quadrant. She launched it as a super-killer without Chakotay's permission — even though she programmed it to warn Federation ships. B'Elanna was also away from us when a Cravic fighter robot she reactivated here kidnapped her to its vessel to give its kind the secret of replication that had all but halted their undying war with Praylor robots, since neither could reproduce after both sides eliminated their makers and kept fighting.

CROSS-EXCERPT, related file, Chakotay personal log, SD 50246:

Sometimes I wonder about my B'Elanna. I know she's honest, but the erotic Enaran dreams she experienced are, I trust, not a product of her own psyche. It's none of my business of course, but even though she dates, I do worry about her keeping to herself too much. I just hope the flirtatious sparring she gets from Tom Paris these days doesn't lead to more hurt for her.

Continued on Page 22



Engineer's of Starfleet Cont.

Continued From Page 21

Personnel file addendum, report of CO Janeway, SD 50450:

I have nothing but praise for my chief engineer as we near our third year in returning home, despite her unusual behavior with the Enarans, whom I had hoped to make as a new ally. But B'Elanna is nothing if not brutally honest, and though my own inquiry failed to turn up concrete proof of her story I cannot help but feel we are better off without allies whom she claim engaged in a Holocaust-like purge and then ignored the horror.

Personnel file addendum, report of CO Janeway, SD 54452.6:

I have been very pleased to see that B'Elanna's marriage to Tom has made her a happier person and has consequently evened out her normally explosive temperment. But that Klingon disposition came to the fore once again when B'Elanna learned that she was pregnant. Mood swings are to be expected, but she took matters a little too far when she reprogrammed the Doctor to make him agree to a procedure that would alter the baby's genetic sequence. Ironically, she wanted to eliminate all of her baby's Klingon traits, to ensure that her daughter wouldn't endure the pain of being different and repeat her own experience as a child. Fortunately,

though, Lt. Paris continues to prove exemplary as a supportive husband, and he was able to allay her concerns and smooth out her emotions once again. Lt. Torres has corrected her actions and apologized to the Doctor, so I won't be taking any disciplinary measures at this time. Besides, we don't want to suppress that maternal glow.



Security Officer Update Cont.

Continued From Page 17

never ride on snowmobiles.

- Do not use a snowmobile to pull a sled or skiers.
- Wear goggles and a safety helmet approved for use on motorized vehicles like motorcycles.
- Travel at safe speeds.
- Never snowmobile alone or at night.
- Stay on marked trails, away from roads, water, railroads and pedestrians.

Sun Protection

The sun's rays can still cause sunburn in the winter, especially when they reflect off snow. Make sure to cover your child's exposed skin with sunscreen.

Fire Protection

Winter is a time when household fires occur. It is a good time to remember to:

- Buy and install smoke alarms on every floor of your home.
- Test smoke alarms monthly.
- Practice fire drills with your children
- Install a carbon monoxide detector outside bedrooms.

Well that will be all for now. Be safe and I will talk to you all in the next issue.

LT James Nelson
Second Officer
Chief Security Officer
USSPawlowskiSecurity@ec.rr.com

Crewmembers during the Holiday events



Kattie Staples and Carol Dyl



Ashley Walker



Paul Dyl and Freddy Mogilka



Cassie Phillips



Sam Phillips



Dawn and Eddie Riddle

TRANSMISSION

**IC 2014 "TIME IS FLEETING"
ROCKFORD, IL AUGUST 8TH-10TH, 2014
WWW.IC2014.COM**

PRIORITY MESSAGE: FROM IC2014 CENTRAL**STARFLEET INTERNATIONAL CONFERENCE 2014**

IT IS AN HONOR AND A PRIVILEGE TO PERSONALLY INVITE YOU TO THE STARFLEET: INTERNATIONAL CONFERENCE 2014, TO BE HELD IN THE BEAUTIFUL CITY OF ROCKFORD ILLINOIS AT THE WONDERFUL CLOCK TOWER RESORT ON AUGUST 8TH THRU THE 10TH 2014.

THE CLOCK TOWER RESORT BOASTS MORE AMENITIES THAN ANY OTHER LODGING OPTION IN THE REGION. WITH COMFORTABLE, WELL-APPOINTED GUEST ROOMS, ON PROPERTY DINING OPTIONS, SALON, GIANT INDOOR WATER PARK, OUTDOOR POOL, INDOOR TENNIS CENTER, 30,000 SQUARE FEET OF FLEXIBLE MEETING AND BANQUET SPACE, AND MUCH MORE.

WE HAVE A LOT OF SURPRISES IN STORE FOR THOSE IN ATTENDANCE, IN ADDITION TO ALL OF THE WONDERFUL THINGS YOU'VE COME TO EXPECT FROM AN INTERNATIONAL CONFERENCE!

THE THEME FOR THE IC IS "TIME IS FLEETING" SINCE 2014 IS THE 40TH ANNIVERSARY CELEBRATION OF STARFLEET: THE INTERNATIONAL STAR TREK FAN ASSOCIATION, INCL.

INFORMATION WILL BE ADDED TO THE WEBSITE AS IT BECOMES AVAILABLE, AND WE STRONGLY ENCOURAGE YOU TO KEEP CHECKING WITH US AS 2014 APPROACHES— WE'LL BE POSTING SOME VERY EXCITING INFORMATION BETWEEN NOW AND THEN.

IN THE MEANTIME, IF YOU ARE PLANNING ON ATTENDING IC2014, WE SUGGEST THAT YOU TAKE THIS OPPORTUNITY TO FIND THE IC2014 WEBSITE TO CHECK OUT THE DETAILS AS THEY ARE ANNOUNCED. REGISTRATION FORMS WILL BE POSTED SOON SO YOU CAN GET YOUR RESERVATIONS IN!

END OF TRANSMISSION



Region One Summit 2014

Greetings Region One,

I would like to take this time to update everyone on the Region One Summit. It will be again in Pigeon Forge at the Main Stay Suites. The dates are May 16-18, Mainstay Suites, Pigeon Forge, TN. Link to R1 Summit page: <http://regiononesummit.webs.com/>

Link to Mainstay Suites: <http://www.mainstaypigeonforge.com/>

Link to Registration page: <http://2014sfir1.eventbrite.com/>



At this moment... rates are as followed until Jan 3, 2014

Summit registration: \$25 Adult \$12 Child

Banquet rates are as followed until May 4, 2014.

Adult: \$28

Child: \$18

Hotel room prices: (remember to call Mainstays hotel directly and ask for the Starfleet discount)

1-888-880-5207

Friday - \$89

Saturday - \$89

Sunday - \$79

Monday \$79

We will be have a couple of new events along with the time tested summit regular events. Besides the usual panels, gaming, banquet, General Session, dance, scavenger hunt, CO/XO Challenge and duck race, events that will be coming back from popular demand will be the model contest, costume contest, chocolate party and the video contest. More to follow.

Speaking of charity, ours will be the Wounded Warrior Project. If you have some charity auction items to donate, please let me know.

The banquet menu will be the same as last years. (err once I remember what we had!!!)

If it becomes possible, we might have a special guests. More on this later.

Now what we need from you are some volunteers to help during the summit. We need people for the Registration table, helpers, and judges.

We are now taking those who want to do a panel. So if you are thinking about wanting to do a panel, now is he time to let us know.

Please cheek the website for changes and updates. Start saving now and join us for fun!

R1 Summit 2014 Chair

Vice Admiral Warren Price, CO, USS Providence NCC-71796

R1 Historian <http://sites.beyondweb.com/r1-historian/>, E-Mail wormmy@aeneas.net

Ships Web Page -----><http://theussprovidence.org/Providence.htm>



CHAPTER : USS HELEN PAWLOWSKI
 SUBMITTER : RADM Paul Dyl
 ADDRESS : 209 E Smith St
 CITY : Whiteville
 ZIP/POSTAL : 28472
 PHONE : 910-918-0984

REPORT FOR : November, 2013
 SUBMITTED : 11/29/2013
 STATE : North Carolina
 COUNTRY : United States

CHAPTER TYPE : CORRESPONDENCE
 CO : RADM Paul Dyl
 XO : CMDR Carol Dyl

REGISTRATION : NCC 8494
 CLASS : Lynx

NEWSLETTER : THE GUARDIAN
 PUBLICATION DATE : 2013-11-01

FLEET MEMBERS

12730	ADM	David Miller MD	01/01/2014
22241	RADM	Paul Dyl	09/12/2014
23491	CDR	Dawn Riddle	02/23/2014
23492	ENS	Cassandra Phillips	02/22/2014
23493	ENS	Heather Fikes	02/23/2014
23494	LTJG	Jessica Reynolds	02/04/2014
23495	ENS	Christine Young	02/19/2014
30843	CDR	Eddie Riddle	02/23/2014
46295	ENS	Timothy Pawlowski	09/20/2100
51760	ENS	Terance Pawlowski	09/20/2100
51761	ENS	Ian Pawlowski	09/20/2100
51762	CMDR	Madonna Kraatz	07/13/2014
51763	ENS	Llyod Kraatz	07/13/2014
51764	ENS	James Kraatz	07/13/2014
51765	ENS	Jeffery Kraatz	07/13/2014
51766	ENS	Laura Kraatz	07/13/2014
51767	ENS	Megan Kraatz	07/13/2014
55165	PO1	Rachel Richards	03/02/2014
55166	PO2	Joel Richards	03/02/2014
55167	PO3	Bethany Richards	03/02/2014
55168	PO3	Amy Richards	03/02/2014
55169	LCPL	David Richards	03/02/2014
55170	PO2	Robert Dyl Jr	03/02/2014
55171	PO2	Vickie Dyl	03/02/2014
55172	LCPL	Michael McCarthy	03/02/2014
55173	PO2	Rebecca Dyl	03/02/2014
55174	PO3	Daniel Dyl	03/02/2014
55175	CRM	Kalobe Dyl	03/02/2014
55176	PO2	Lance Dyl	03/22/2014
55177	PO2	Patrick Dyl	03/22/2014
55178	PO2	Eric Dyl	03/22/2014

55179	PO2	DYL, MATTHEW	03/22/2014
55180	PO2	DYL, TIMOTHY J.	06/02/2014
55181	PO2	DYL, ELLEN	06/02/2014
55182	PO2	DYL, ROBERT SR	03/02/2014
55183	PO2	DYL, SANDRA L.	03/02/2014
55184	PO2	DYL, BRIAN A.	03/02/2014
55185	PO2	DYL, ANGELA	03/02/2014
55186	PO2	DYL, BOBBY	03/02/2014
56527	PO3	DYL, PATTY	03/22/2014
56528	CRM	DYL, MOLLY	03/22/2014
56684	CRA	DYL, KYLE	09/12/2014
60584	ENS	PAWLOWSKI, LESLIE	09/20/2100
65919	PO2	KRAATZ, TANYA	09/20/2100
67307	LCPL	DYL, PAUL G.	09/12/2014
67308	CMDR	DYL, CAROL A.	09/12/2014
67309	ENS	WALKER, ASHLEY R.	09/12/2014
67692	LTJG	NELSON, JAMES E.	01/15/2014
67693	ENS	NELSON, MELONY	01/15/2014
67694	PO3	NELSON, BRANDIE	01/15/2014
67695	PO3	NELSON, HEATHER	01/15/2014
67696	CRM	NELSON, KAYLA	01/15/2014
67697	CRR	NELSON, PEARSON	01/15/2014
67760	CRR	REYNOLDS, EMILY	02/04/2014
67761	CRR	REYNOLDS, XANDER	02/04/2014
67762	LTJG	REYNOLDS, GARY	02/04/2014
67763	CRA	REYNOLDS, EDDIE	02/04/2014
67800	CRA	YOUNG, CERIA	02/19/2014
67801	PO3	YOUNG, WILLIAM	02/19/2014
67802	CRR	YOUNG, NATALIE	02/19/2014
67808	1LT	PHILLIPS, SAM	02/22/2014
67809	CRR	FIKES, ELIZABETH D.	02/23/2014
68198	CRR	PHILLIPS, STEPHINE A.	02/22/2014
68205	CRR	DYL, ZACKERY	06/02/2014
69309	CRR	DYL, HANNAH G.	06/02/2014
69540	CRR	PHILLIPS, CHRISTOPHER	02/22/2014
69654	ENS	LLOYD, JESSICA	08/17/2014
71149	PO3	LLOYD, MARY	08/17/2014
71151	PO3	LLOYD, SARA	08/17/2014
71150	PO3	LLOYD, THOMAS JR	08/17/2014
71148	PO3	LLOYD, THOMAS SR	08/17/2014
PEND	CRR	PHILLIPS, JACOB	02/22/2014
69835	1LT	KIRK, DOUGLAS L.	10/16/2014

69870	PO3	MOGILKA, FREEDY	10/20/2014
69871	PO3	MOGILKA, ROSALIE	10/20/2014
69872	PVT	MOGILKA, FREDDY JR	10/20/2014
69874	PO3	MOGILKA, PATRICIA	10/20/2014
69963	ENS	STAPLES, KATTIE	11/09/2014
69964	PO3	STAPLES, CARLTON	11/09/2014
69965	CRR	STAPLES, BRADY	11/09/2014
71050	PO3	MOGILKA, CARL	07/05/2014
71051	PVT	MOGILKA, KYLE	07/05/2014
71052	PVT	MOGILKA, PAUL	07/05/2014
71053	PO3	MOGILKA, JOHN	07/05/2014
71054	PO3	MOGILKA, JESSICA	07/05/2014
71055	PO3	MOGILKA, ROSE	07/05/2014
71070	PO3	PEFFER, LENAORD P. SR.	07/21/2014
71071	PO3	PEFFER, LENAORD P. JR.	07/21/2014
71072	PO3	PEFFER, ALESHA	07/21/2014

ACADEMY INFO

Paul Dyl

IOMS - CMIK - EA Electronic Age

IW 102 - Iraqi War - Part 2	DISTINCTION	11/04/2013
IW 103 - Iraqi War - Part 3	DISTINCTION	11/16/2013
IW 104 - Iraqi War - Part 4	DISTINCTION	11/17/2013
AW 101 - Afghan War - part 1	DISTINCTION	11/20/2013
AW 102 - Afghan War - Part 2	DISTINCTION	11/20/2013
AW 103 - Afghan War - Part 3	DISTINCTION	11/21/2013
AW 104 - Afghan War - Part 4	DISTINCTION	11/22/2013
AW 105 - Afghan War - Part 5	DISTINCTION	11/22/2013

IOSFC - College of Time Travel

POA 104 - Conquest - Planet of the Apes	DISTINCTION	11/03/2013
POA 103 - Escape - Planet of the Apes	DISTINCTION	11/03/2013
POA 105 - Battle - Planet of the Apes	DISTINCTION	11/10/2013
POA 106 - Planet of the Apes (2001)	HONORS	11/27/2013
POA 107 - Rise of the Planet of the Apes	DISTINCTION	11/27/2013

IOSO - College of SpecOps Units (CSOU)

RECON 103 - Weapons	DISTINCTION	11/02/2013
RECON 104 - Equipment	DISTINCTION	11/02/2013
RECON 105 - Training	DISTINCTION	11/02/2013
RECON 106 - LRSU Surveillance I	DISTINCTION	11/03/2013
RECON 107 - LRSU Surveillance II	DISTINCTION	11/03/2013
RECON 108 - LRSU Surveillance III	DISTINCTION	11/04/2013
RECON 109 - LRSU Recon	DISTINCTION	11/04/2013
RANG 101 - History & Tradition	DISTINCTION	11/07/2013

RANG 102 - Training	DISTINCTION	11/07/2013
RANG 103 - The Mission	DISTINCTION	11/08/2013
RANG 104 - Organization, Equipment, Deployment	DISTINCTION	11/08/2013
RANG 105 - Light Infantry Operation	DISTINCTION	11/08/2013
SEALs 101 - Requirements & History	DISTINCTION	11/10/2013
SEALs 102 - Training	DISTINCTION	11/10/2013
SEALs 103 - Gear & Weapons	DISTINCTION	11/10/2013
SEALs 104 - Mission Types	DISTINCTION	11/10/2013
SEALs 105 - Organization	DISTINCTION	11/10/2013
USF 101 - US Forces Pt. 1	DISTINCTION	11/14/2013
USF 102 - US Forces Pt. 2	DISTINCTION	11/15/2013
USF 103 - US Forces Pt. 3	DISTINCTION	11/15/2013
USF 104 - US Forces Pt.4	DISTINCTION	11/15/2013
WWSO 101 - SPATNAZ	DISTINCTION	11/16/2013
WWSO 102 - British Forces Pt 1	DISTINCTION	11/16/2013
WWSO 103 - British Forces Pt 2	DISTINCTION	11/16/2013
WWSO 104 - Australia & New Zealand	DISTINCTION	11/16/2013
WWSO 105 - Austrian & Swiss	DISTINCTION	11/16/2013
WWSO 106 - Malaysian & Thai	DISTINCTION	11/17/2013
WWSO 107 - Spain, Greek, & Portugal	DISTINCTION	11/17/2013
WWSO 108 - Scandinavian	DISTINCTION	11/17/2013
WWSO 109 - French	DISTINCTION	11/18/2013
WWSO 110 - Soviet Bloc	DISTINCTION	11/18/2013
WWSO 111 - Soviet Bloc Pt. 2	DISTINCTION	11/18/2013
WWSO 112 - Israeli	DISTINCTION	11/18/2013
WWSO 113 - Netherlands	DISTINCTION	11/18/2013
WWSO 114 - South American	DISTINCTION	11/18/2013
WWSO 115 - Chinese & N. Korean	DISTINCTION	11/18/2013
WWSO 116 - Canadian	DISTINCTION	11/18/2013
WWSO 117 - German Military	DISTINCTION	11/18/2013
WWSO 118 - African	DISTINCTION	11/19/2013
WWSO 119 - Indian & Pakistani	DISTINCTION	11/19/2013
IOSTS - College of Federation Studies (IOSF:COFS)		
HUFP 105 - History of the UFP - Mid 24th Century II	HONORS	11/01/2013
HUFP 106 - History of the UFP - Mid 24th Century III	HONORS	11/01/2013
Leadership Development		
LD-151	DISTINCTION	11/06/2013
LD-201	DISTINCTION	11/10/2013
Professional Development		
PD-225	HONORS	11/08/2013
SFA Awards		
Boothby 0100 - Silver (100)	Awarded	11/10/2013
SFMC Awards		
Leadership Device with Gold Wreath	Awarded	11/10/2013



OTHER INFO

MEETING DATE : 2013-11-01

PROMOTIONS :

- SCC: 55176 Lance Dyl
PROMOTED TO Petty Officer 1st Class on 11/10/2013
- SCC: 55182 Robert Dyl Sr
PROMOTED TO Petty Officer 1st Class on 11/10/2013
- SCC: 55183 Sandra Dyl
PROMOTED TO Petty Officer 1st Class on 11/10/2013
- SCC: 71070 Leonard Pepper
PROMOTED TO Petty Officer 2nd Class on 11/10/2013
- SCC: 71072 Alisha Pepper Sr
PROMOTED TO Petty Officer 2nd Class on 11/10/2013

ACTIVITIES :

- Chapter had is annual Thanksgiving Day get together on Nov 28th with a total of 11 adults and 8 children participating. All had a great time.
- Chapter collected 57 Campbell Soup Label for Education
- Chapter is finalizing the annual chapter Angel Tree and Toys for Tots charity projects for the holidays. Will be picking the names from the Angel Tree on December 6 so we can have them turned in by the 13th.
- The Toys for Tots drop off is expected on the 10 December. The drop off is the Columbus County Veterans Center.
- Plans for the Christmas Party to be held on December 14th.
- Paul Dyl completed 58 SFA and SFMCA courses during this month
- Submitted several crewmembers for regional awards
- Congratulations to two of our cadets; Natalie Young and Eddie Reynolds who made the A/B Honor Roll for the elementary education level.

COMMENTS :

For the outgoing staff at SFHQ, our chapter thanks you all for your dedication, hard work, and personal sacrifices they you all have made to do the jobs that you volunteered to do.

STARFLEET, REGION ONE MERCHANDISE

Did you know you can purchase merchandise with the Region One logo on it at any time? Just go to the Donner's Country Crafts LLC website at <http://www.donnerstore.org> and click on "SF- Region One" in the Categories column on the left. All merchandise is approved by the RC. We have t-shirts, mugs, ornaments, patches, and can add your name and rank and/or ship's name on most items. Check it out. I think you'll find something you like there. Represent your region at Star Trek events this year. We can also create merchandise like this for your ship or department. There is no minimum order required. Contact us if you have questions at owner@donnerstore.org .

[Note: Donner's Country Crafts LLC is not associated with Star Trek, Starfleet, or Region One in any way.]

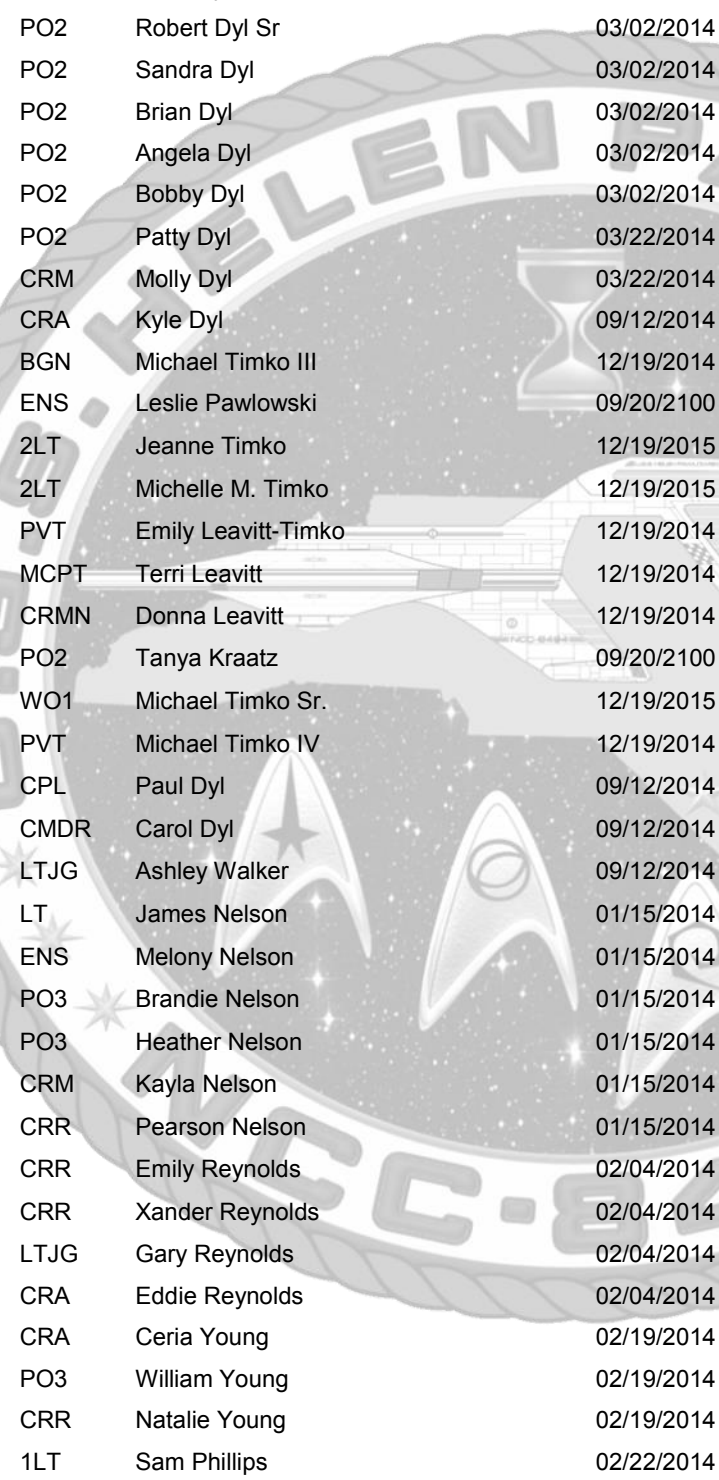


CHAPTER : USS HELEN PAWLOWSKI
 SUBMITTER : RADM Paul Dyl
 ADDRESS : 209 E Smith St
 CITY : Whiteville
 ZIP/POSTAL : 28472
 PHONE : 910-918-0984
 CHAPTER TYPE : CORRESPONDENCE
 CO : RADM Paul Dyl
 XO : CMDR Carol Dyl
 NEWSLETTER : THE GUARDIAN

REPORT FOR : December, 2013
 SUBMITTED : 12/28/2013
 STATE : North Carolina
 COUNTRY : United States
 REGISTRATION : NCC 8494
 CLASS : Lynx
 PUBLICATION DATE : 2013-11-01

FLEET MEMBERS

12730	ADM	David Miller MD	01/01/2014
22241	RADM	Paul Dyl	09/12/2014
23491	CDR	Dawn Riddle	02/23/2014
23492	ENS	Cassandra Phillips	02/22/2014
23493	ENS	Heather Fikes	02/23/2014
23494	LTJG	Jessica Reynolds	02/04/2014
23495	ENS	Christine Young	02/19/2014
30843	CDR	Eddie Riddle	02/23/2014
46295	ENS	Timothy Pawlowski	09/20/2100
51760	ENS	Terance Pawlowski	09/20/2100
51761	ENS	Ian Pawlowski	09/20/2100
51762	CMDR	Madonna Kraatz	07/13/2014
51763	ENS	Llyod Kraatz	07/13/2014
51764	ENS	James Kraatz	07/13/2014
51765	ENS	Jeffery Kraatz	07/13/2014
51766	ENS	Laura Kraatz	07/13/2014
51767	ENS	Megan Kraatz	07/13/2014
55165	PO1	Rachel Richards	03/02/2014
55166	PO2	Joel Richards	03/02/2014
55167	PO3	Bethany Richards	03/02/2014
55168	PO3	Amy Richards	03/02/2014
55169	LCPL	David Richards	03/02/2014
55170	PO2	Robert Dyl Jr	03/02/2014
55171	PO2	Vickie Dyl	03/02/2014
55172	LCPL	Michael McCarthy	03/02/2014
55173	PO2	Rebecca Dyl	03/02/2014
55174	PO3	Daniel Dyl	03/02/2014
55175	CRM	Kalobe Dyl	03/02/2014
55176	PO2	Lance Dyl	03/22/2014
55177	PO2	Patrick Dyl	03/22/2014
55178	PO2	Eric Dyl	03/22/2014



55179	PO2	Matthew Dyl	03/22/2014
55180	PO2	Timmothy Dyl	06/02/2014
55181	PO2	Ellen Dyl	06/02/2014
55182	PO2	Robert Dyl Sr	03/02/2014
55183	PO2	Sandra Dyl	03/02/2014
55184	PO2	Brian Dyl	03/02/2014
55185	PO2	Angela Dyl	03/02/2014
55186	PO2	Bobby Dyl	03/02/2014
56527	PO2	Patty Dyl	03/22/2014
56528	CRM	Molly Dyl	03/22/2014
56684	CRA	Kyle Dyl	09/12/2014
60195	BGN	Michael Timko III	12/19/2014
60584	ENS	Leslie Pawlowski	09/20/2100
62272	2LT	Jeanne Timko	12/19/2015
62273	2LT	Michelle M. Timko	12/19/2015
62274	PVT	Emily Leavitt-Timko	12/19/2014
64915	MCPT	Terri Leavitt	12/19/2014
64916	CRMN	Donna Leavitt	12/19/2014
65919	PO2	Tanya Kraatz	09/20/2100
67210	WO1	Michael Timko Sr.	12/19/2015
67219	PVT	Michael Timko IV	12/19/2014
67307	CPL	Paul Dyl	09/12/2014
67308	CMDR	Carol Dyl	09/12/2014
67309	LTJG	Ashley Walker	09/12/2014
67692	LT	James Nelson	01/15/2014
67693	ENS	Melony Nelson	01/15/2014
67694	PO3	Brandie Nelson	01/15/2014
67695	PO3	Heather Nelson	01/15/2014
67696	CRM	Kayla Nelson	01/15/2014
67697	CRR	Pearson Nelson	01/15/2014
67760	CRR	Emily Reynolds	02/04/2014
67761	CRR	Xander Reynolds	02/04/2014
67762	LTJG	Gary Reynolds	02/04/2014
67763	CRA	Eddie Reynolds	02/04/2014
67800	CRA	Ceria Young	02/19/2014
67801	PO3	William Young	02/19/2014
67802	CRR	Natalie Young	02/19/2014
67808	1LT	Sam Phillips	02/22/2014
67809	CRR	Elizabeth Fikes	02/23/2014
68198	CRR	Stephanie Phillips	02/22/2014
68205	CRR	Zackery Dyl	06/02/2014
69309	CRR	Eric Brewer	06/02/2014

69309	CRR	Hannah Dyl	06/02/2014
69540	CRR	Christopher Phillips	02/22/2014
69654	ENS	Jessica Lloyd	08/17/2013
69835	1LT	Douglas Kirk	10/16/2014
69870	PO3	Freddy Mogilka Sr	10/20/2014
69871	PO3	Rosalie Mogilka	10/20/2014
69872	PFC	Freddy Mogilka Jr	10/20/2014
69874	PO3	Patricia Mogilka	10/20/2014
69963	LTJG	Kattie Staples	11/09/2013
69964	PO3	Carlton Staples	11/09/2013
69965	CRR	Brady Staples	11/09/2013
70078	PO3	Rebecca Reynolds	02/04/2014
71050	PO3	Carl Mogilka	07/05/2014
71051	PVT	Kyle Mogilka	07/05/2014
71052	PVT	Paul Mogilka	07/05/2014
71053	PO3	John Mogilka	07/05/2014
71054	PO3	Jessica Mogilka	07/05/2014
71055	PO3	Rose Mogilka	07/05/2014
71070	PO2	Leonard Peffer	07/21/2014
71071	PO3	Leonard Peffer Jr	07/21/2014
71072	PO2	Alisha Peffer	07/21/2014
71148	PO3	Thomas Lloyd Sr	08/17/2014
71149	PO3	Mary Lloyd	08/17/2014
71150	PO3	Thomas Lloyd Jr	08/17/2014
71151	PO3	Sara Lloyd	08/17/2014
71556	CRR	Jacob Phillips	02/22/2014

ACADEMY INFO

Paul Dyl

IOMS - CMIK - EA Electronic Age

KW 101-Korean War Part 1 DISTINCTION 12/19/2013

SFMC Awards

Legion of Arms AWARDED 12/12/2013

Freddy Mogilka Jr

NCO Development

NCO-201 HONORS 10/31/2013

OTHER INFO

MEETING DATE : 2013-12-01

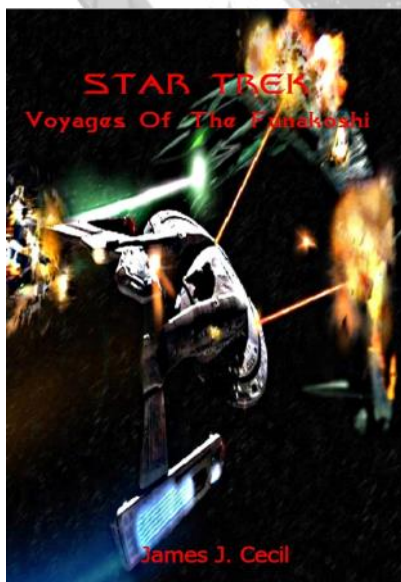
PROMOTIONS : SCC: 71556 Jacob Phillips
PROMOTED TO Crewman Recruit on 12/13/2013

ACTIVITIES : -Chapter collected gifts for the Toys for Tots with a total of 10 gifts and 2 bikes donated by James Nelson and Paul Dyl
-Chapters Angel Tree was a great success, we picked 2 boys and 2 girls from the NC National Guard Angel Tree. each received one outfit and toy
-Collected 52 Campbell Soup Labels for Education this month
-Chapter had its annual Christmas party for those members who are more local to the CO. We had over 27 participate. everyone had a great time
-The New Year get together will be on the 31st
-Science Department published their first newsletter
-Chapter membership at 100 members
-Planing the chapter yard sale proceeds will get divided between those who participate and all funds will go to offset SFI dues cost for the coming year.

COMMENTS : Still have issues with getting completion certificates for members from SFMCA and getting Marine awards updated in DB

Star Trek Book

**Star Trek
Voyages Of The Funakoshi**
Authored by Mr. James J Cecil



has capture Klingon Ambassador To'Lark. Starfleet turns to Captain William T. Raines to command the newest Nova Class Starship the USS Funakoshi to rescue Ambassador To'Lark from the renegade Klingons and avert an all out war with the Klingon Empire.

6" x 9" (15.24 x 22.86 cm)
Black & White on White paper 100 pages
Language: English

ISBN-13: 978-1494308360
ISBN-10: 1494308363
BISAC: Fiction / Science Fiction / Space Opera

Shipping Weight: 7.2 ounces

Order your copy today at

CreateSpace eStore:

<https://www.createspace.com/4546643>

List Price: \$5.38

Amazon.com:

http://www.amazon.com/Star-Trek-Voyages-The-Funakoshi/dp/1494308363/ref=sr_1_1?ie=UTF8&qid=1386433178&sr=8-1&keywords=Star+Trek+Voyages+of+the+Funakoshi

List Price: \$5.38

Amazon Prime List Price: \$4.91

A band of renegade Klingons

SFI SPECIAL OPERATIONS

To Defend the Federation,
We Need Your Help To
Protect It In The Past
119th MACO's



We Stand In-Between Them and You!



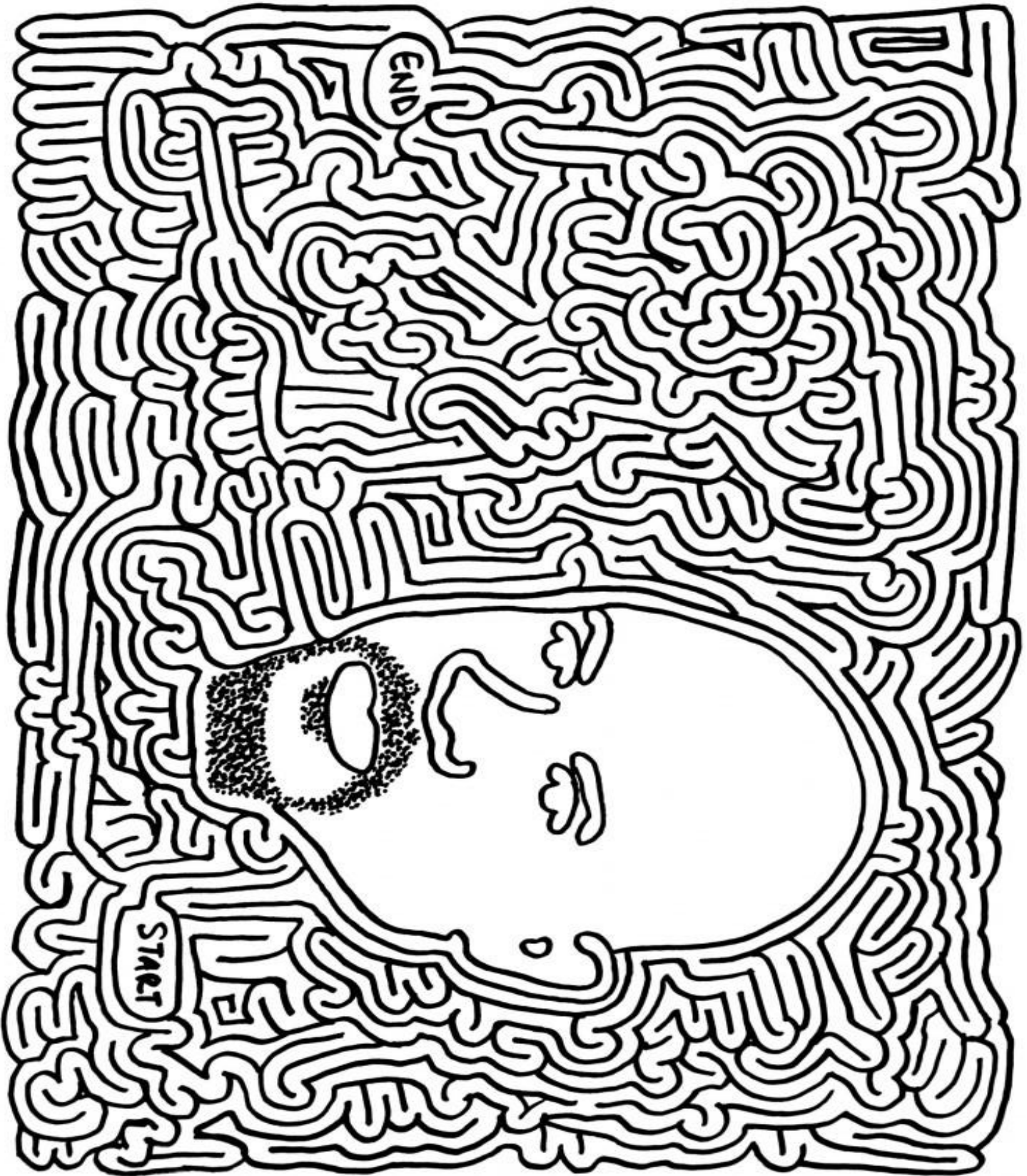
Help us!
Join Today



The 120th
Marine Strike
Group

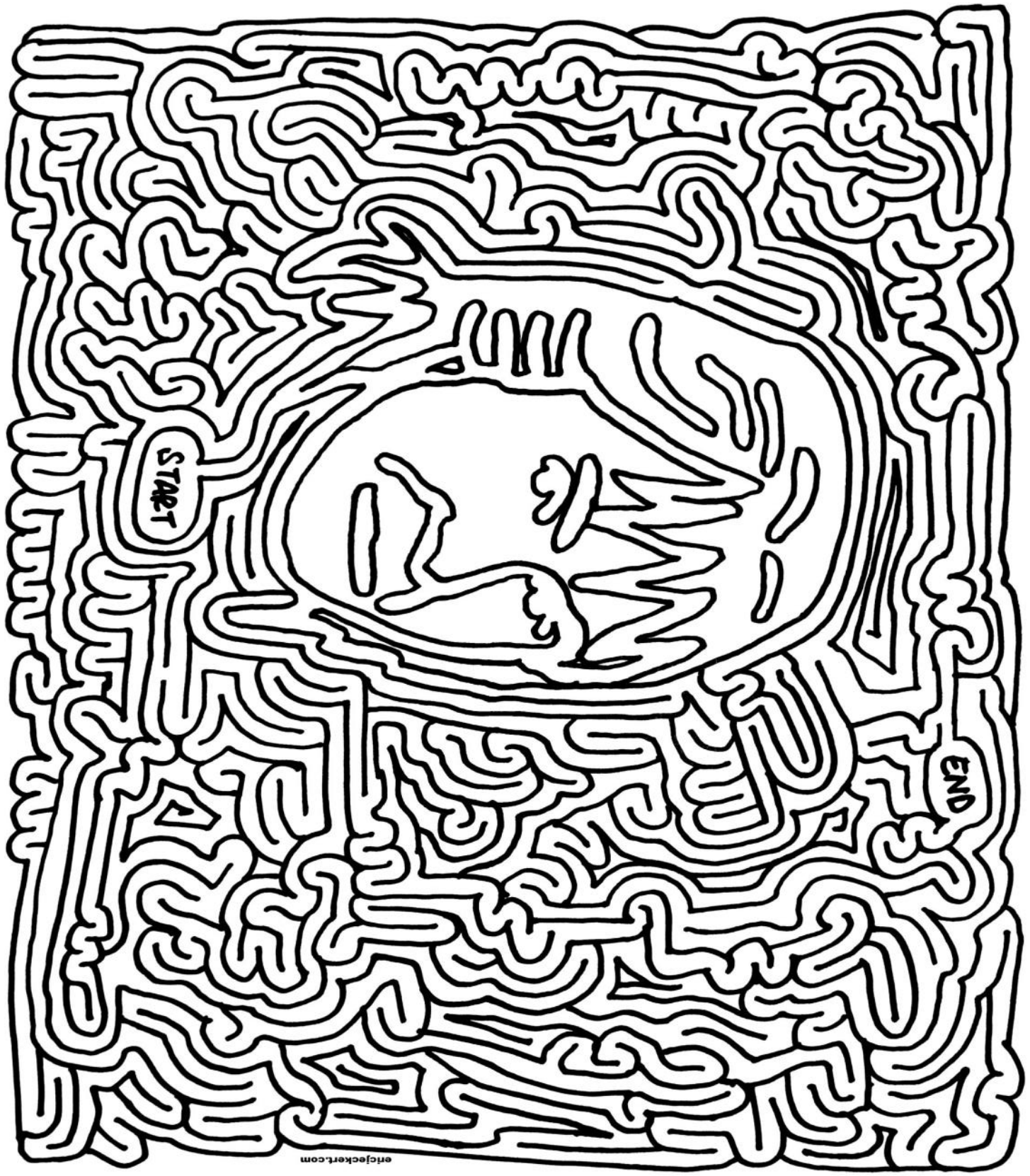


STAR TREK MAZE





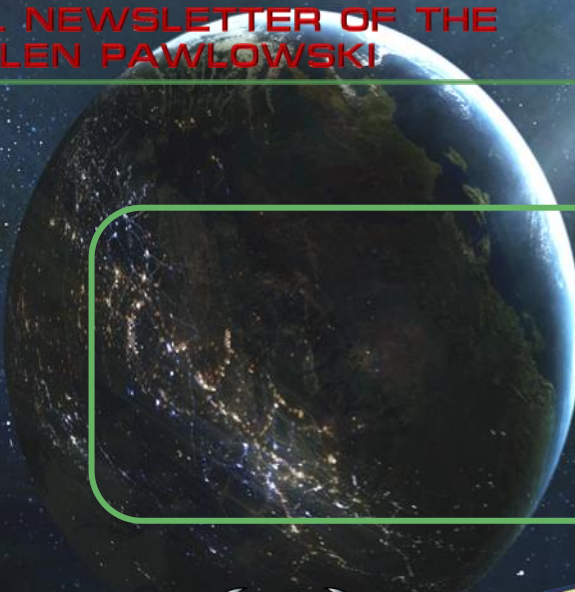
STAR TREK MAZE



THE GUARDIAN

THE OFFICIAL NEWSLETTER OF THE
USS HELEN PAWLOWSKI

Tardis Publications
C/O 209 E Smith St
Whiteville, NC 28472

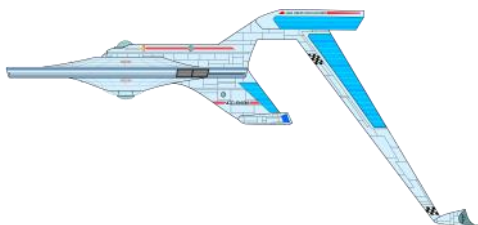


U.S.S. HELEN PAWLOWSKI NCC-8494

USS Helen Pawlowski
C/O 209 E Smith St
Whiteville, NC 28472
pdl@ec.rr.com

We will be on the
web soon!

"Our future is our past"



The USS HELEN PAWLOWSKI NCC-8494 is a correspondence chapter of STARFLEET International. We are a Star Trek fan club that come together on a monthly basis via computer chat areas, telephone, and even video conferencing to discuss events in the Star Trek universe, whether or not your interest lie in the Classic Star Trek, Star Trek: The Next Generation, Star Trek: Deep Space Nine, Star Trek: Voyager or Star Trek: Enterprise.

Many of our crew enjoy going to the movies, to Star Trek and other Sci-Fi conventions. A great part of being able to experience the dream of Gene Roddenberry gives many of us the opportunity to help our community by volunteering in community projects such as the Angel Tree Project over Christmas and the US Marine Corps Toys for Tots.

While many volunteer to participate, others do not, but our main goal is to have FUN!